LINE DANCING WITH CASANDRA BYRD



February 7, 2024 thru March 14, 2024

Wednesday & Thursday Nights

5:30 pm - 6:30 pm

Kenneth L. Johnson, Sr., Health Physical Education and Recreation Complex, Dance Studio

Non-Employees \$35 pay using UAPB/Wellness Shopping Cart

HTTPS://WWW.UAPB.EDU/AFMINISTRATION/FINANCE ADMINISTRATION/UAPB WELLNESS PROGRAM.ASPX

Please consult with your physician and/or health care professional before performing any new exercise or exercise techniques. Any application of these techniques and your decision to participate in the wellness program are solely at your risk.